

Informed Consent Agreement for High Adventure Activities

Participant's Name

Council / Unit Number

I understand that participation in the High Adventure activity offered through the Black Hills Area Council, BSA during summer camp, involves a certain degree of risk that could result in injury or death. In consideration of the benefits to be derived and after carefully considering the risk involved, and in view of the fact that the Boy Scouts of America is an organization in which membership is voluntary, and having full confidence that precautions will be taken to ensure the safety and well-being of my (son/daughter), I have given my consent to participate in MMSR High Adventure Activities during his/her stay at the Medicine Mountain Scout Ranch.

Participants are going to take part in a "High Adventure" experience. While participating, they will undertake a wide variety of physical and mental challenges in an environment designed with safety in mind. For most of the time, they will be undertaking activity that is best described as "**moderate exertion**". This is comparable to normal walking, golfing on foot, downhill skiing, raking leaves, waiting tables, fishing, calisthenics, hanging wallpaper, interior painting, or slow dancing. There will be some situations where, for a few minutes, participants will be engaged in "**vigorous exertion**". This is comparable to slow jogging, speed-walking, tennis, swimming, cross-country skiing, shoveling snow, fast biking, mowing with a push mower, pruning trees, heavy gardening, overhead work, ice hockey drills, softball, laying bricks, hurried restaurant work, or climbing a ladder. If these types of activities are difficult, we would have you discuss any participation in the activity with a physician who knows the participants personal health history. If these are activities in which one regularly engages without difficulty, the individual should be fit for participation.

Lastly, there are a few specific medical conditions about which participants should always seek advice from their physicians before engaging in said activities. If any of these apply to you, you must consult with a physician before participating. If you or your physician has any questions about these conditions or about "High Adventure" activities, feel free to contact us at (605) 673-2790:

- **Pregnancy** (climbing harness can injure the uterus)
- **Kidney or Liver Transplant** (climbing harness can injure the transplanted organ)
- **Healing Fracture or Joint Injury** (you should be cleared by the treating physician)
- **Recent Surgery** (you should be cleared by the treating physician)
- **Down Syndrome** (participant should have an X-ray check for neck stability as per the recommendation of the Special Olympics)

I certify that this participant can meet the health and physical fitness requirement for the trip or activity. It is understood that in the event of a serious illness or injury, reasonable efforts to reach me will be made.

-

Parent or Guardian Signature

-

-

Telephone Number

Date